

District 8 - 2005 - 5/11/2005 to 5/12/2005
Centennial Stadium - Kitchener
Results

Event 1 Women 100 Meter Dash Midget

Records: 12.67* 2004 Emma Gkofcheski
 Lane Name Team Prelims

Preliminaries

1	Fisher-Garnett, Caron	CWSB	13.3	Q
2	McCann, Rachel	CWSB	13.9	QQ
3	Ramsay, Capricha	CWRS	14.0	QQ
4	Way, Kalley	CWRS	14.2	QQ
5	Maw, Michelle	CWMD	14.3	QQ
6	Deusei, Andreea	CWRS	14.5	Q
7	Roth, Emily	CWRW	14.4	q
8	Paljda, Ny	CWRW	14.5	q
9	Eminetu, Elsa	CWSB	14.6	
10	Stephen-Wells, Katie	CWRW	15.1	
11	Johnson, Rachel	CWRW	15.2	
12	Zsoldos, Jennifer	CWMD	15.2	
13	Lyons, Janice	CWSB	15.5	
14	Kamran, Charmaine	CWRS	15.5	

Event 1 Women 100 Meter Dash Midget

Records: 12.67* 2004 Emma Gkofcheski
 Name Team Finals

Finals

1	McCann, Rachel	CWSB	13.3
2	Fisher-Garnett, Caron	CWSB	14.0
3	Ramsay, Capricha	CWRS	14.0
4	Way, Kalley	CWRS	14.0
5	Maw, Michelle	CWMD	14.1
6	Paljda, Ny	CWRW	14.4
7	Deusei, Andreea	CWRS	14.5

Event 2 Men 100 Meter Dash Midget

Records: 11.64* 2004 Matheus McDavid
 Lane Name Team Prelims

Preliminaries

1	Benjamin, Cordell	CWRS	* 11.5	Q
2	Grant, Chris	CWSB	12.0	Q
3	Anstett, Joe	CWRS	12.2	Q
4	Vanderveen, Josh	CWWC	11.9	Q
5	Taylor, Jordan	CWSB	12.1	Q
6	Arfeen, Afraz	CWSM	12.6	Q
7	Rodrigues, Patrick	CWSD	12.5	Q
8	Kloet, Darren	CWWC	12.7	q
9	Lavina, Andrew	CWSB	12.9	
10	Estrada, Eric	CWRS	13.0	
11	Medford, Joe	CWSM	13.2	
12	Villemure, Justin	CWRG	13.4	
13	Kropf, Tyler	CWRS	13.5	
14	Bothwell, Mike	CWSB	13.6	
15	Ngoie-Boukassa, Djo	CWRG	13.8	

Event 2 Men 100 Meter Dash Midget

Records: 11.64* 2004 Matheus McDavid
 Name Team Finals

Finals

1	Benjamin, Cordell	CWRS	12.0
2	Grant, Chris	CWSB	12.2
3	Anstett, Joe	CWRS	12.3
4	Vanderveen, Josh	CWWC	12.5
5	Arfeen, Afraz	CWSM	12.8
6	Taylor, Jordan	CWSB	12.8

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7	Kloet, Darren	CWVC	12.8
8	Rodrigues, Patrick	CWSD	13.4

Event 3 Women 200 Meter Dash Midget

Records: 26.89* 2004 Emma Glofcheski			
Lane Name	Team	Prelims	
Preliminaries			
1	Fisher-Garnett, Caron	CWSB	28.6
2	Ramsay, Capricha	CWRS	29.3
3	McCann, Rachel	CWSB	28.8
4	Way, Kalley	CWRS	29.4
5	Roth, Emily	CWRW	29.6
6	Paljda, Ny	CWRW	30.5
7	Maw, Michelle	CWMD	30.7
8	Holita, Jenna	CWRS	31.0
9	Zsoldos, Jennifer	CWMD	31.3
10	Umnuctu, Elsa	CWSB	31.9

Q
Q
Q
Q
Q
Q
q
q

Event 3 Women 200 Meter Dash Midget

Records: 26.89* 2004 Emma Glofcheski			
Name	Team	Finals	
Finals			
1	Fisher-Garnett, Caron	CWSB	28.8
2	McCann, Rachel	CWSB	29.1
3	Roth, Emily	CWRW	29.1
4	Ramsay, Capricha	CWRS	29.6
5	Way, Kalley	CWRS	30.0
6	Maw, Michelle	CWMD	30.8
7	Paljda, Ny	CWRW	31.3
8	Holita, Jenna	CWRS	33.9

Event 4 Men 200 Meter Dash Midget

Records: 25.20* 2004 Fandi Kamran			
Lane Name	Team	Prelims	
Preliminaries			
1	Benjamin, Cordell	CWRS	* 25.0
2	Grant, Chris	CWSB	25.9
3	McDonald, Sean	CWRS	25.4
4	Cameron, Ben	CWRS	26.6
5	Taylor, Jordan	CWSB	26.5
6	Anstett, Joe	CWRS	27.2
7	Sueder, Russell	CWSD	26.8
8	Vandergeest, Christian	CWVC	27.7
9	Lavina, Andrew	CWSB	28.1
10	Bothwell, Mike	CWSB	28.4
11	Pacitti, Alessandro	CWRG	28.9
12	Shaw, Andy	CWRS	29.1
13	Quinlan, Danny	CWSB	30.2

Q
Q
Q
Q
Q
Q
q
q

Event 4 Men 200 Meter Dash Midget

Records: 25.20* 2004 Fandi Kamran			
Name	Team	Finals	
Finals			
1	Benjamin, Cordell	CWRS	24.5
2	Grant, Chris	CWSB	24.6
3	McDonald, Sean	CWRS	25.3
4	Cameron, Ben	CWRS	26.4
5	Anstett, Joe	CWRS	26.6
6	Taylor, Jordan	CWSB	26.9
7	Vandergeest, Christian	CWVC	28.0

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Event 5 Women 400 Meter Dash Midget

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Records: 1:00.00* 2004 Maddie Buttlinger

Name	Team	Finals
1 Wittmann, Katie	CWSB	1:10.0
2 Bell, Sarah	CWSD	1:10.6
3 McBride, Emily	CWRS	1:16.0
4 Lyons, Janice	CWSB	1:21.0
5 Stanley, Megan	CWSB	1:25.4
6 Mohamed, Faduma	CWSB	1:25.9

Event 6 Men 400 Meter Dash Midget

Records: 57.80* 2004 Derek Amorim

Lane Name	Team	Finals
1 McDonald, Sean	CWRS	59.9
2 Murphy, Matt	CWRS	1:01.9
3 Kloet, Darren	CWWC	1:05.3
4 Cassidy, Justin	CWSM	1:06.4
5 O'Driscoll, Corey	CWSB	1:06.5
6 Vandergeest, Christian	CWWC	1:08.7
7 Lavina, Andrew	CWSB	1:09.8

Event 7 Women 800 Meter Run Midget

Records: 2:36.57* 2004 Sarah Pemberton

Name	Team	Finals
1 Jaklitsch, Dana	CWRS	2:42.6
2 Bell, Sarah	CWSD	2:46.4
3 Wittmann, Katie	CWSB	2:50.0
4 McBride, Emily	CWRS	2:55.3
5 Kavalinas, Christina	CWMD	2:56.1
6 Julia, Kubassek	CWKA	3:07.3
7 Lyons, Janice	CWSB	3:09.2
8 Stanley, Megan	CWSB	3:22.1
9 Rollinson, Alannah	CWSD	3:30.5

Event 8 Men 800 Meter Run Midget

Records: 2:14.27* 2004 Derek Woodhall

Name	Team	Finals
1 Murphy, Matt	CWRS	2:16.4
2 Ikram, Shoaib	CWSD	2:20.2
3 Castillo, Arthur	CWSM	2:21.4
4 Cassidy, Justin	CWSM	2:27.1
5 Melo, Aaron	CWMD	2:27.7
6 Dickieson, Josh	CWWC	2:29.5
7 Jones, Mitch	CWSM	2:30.2
8 O'Driscoll, Corey	CWSB	2:31.8

(Event 8 Men 800 Meter Run Midget)

9 Carruthers, Tommy	CWRG	2:32.7
10 Hannah, Nick	CWSM	2:35.0
11 Medeiros, Kevin	CWMD	2:39.0
12 Plommer, Nick	CWMD	2:44.0
13 Katchouk, Yuri	CWRS	2:47.0
14 Bolger, Dave	CWRS	2:50.0
15 Stone, Jonathan	CWSD	2:54.0

Event 9 Women 1500 Meter Run Midget

Records: 5:24.10* 2004 Sarah Pemberton

Name	Team	Finals
1 Groothuis, Justiene	CWRS	5:25.7

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2	Buisman, Katelyn	CWVC	5:27.9
3	Robinson, Steph	CWRS	5:29.5
4	Jakitsch, Dana	CWRS	5:34.7
5	Bell, Sarah	CWSD	5:50.9
6	Fleming, Kaitlyn	CWKA	5:54.8
7	Rickenbrauck, Dawn	CWMD	6:09.2
8	Kavalinas, Christina	CWMD	6:23.4
9	Stanley, Megan	CWSB	6:47.0

Event 10 Men 1500 Meter Run Midget

Records: 4:31.80* 2004 Derek Woodhall

Name	Team	Finals
1 Ikram, sohab	CWSD	4:50.9
2 Caron, Jesse	CWSD	4:51.6
3 Murphy, Matt	CWRS	4:52.8
4 Dickieson, Josh	CWVC	4:54.5
5 Carruthers, Tommy	CWRG	5:08.6
6 Fuller, Mike	CWSB	5:10.0
7 Curtis, Alex	CWSB	5:10.9
8 Harvey, Andrew	CWRW	5:25.3
9 Alba, Oscar	CWSD	5:37.1
10 Williamson, Joel	CWRW	5:39.8
11 Villemure, Joshua	CWRG	5:40.8
12 Soeder, Russell	CWSD	6:16.0

Event 11 Women 3000 Meter Run Midget

Records: 11:54.72* 2004 Joscelyn Noll

Name	Team	Finals
1 Buisman, Katelyn	CWVC	11:39.1
2 Robinson, Steph	CWRS	12:07.8
3 Groothuis, Justiene	CWRS	12:42.1

Event 12 Men 3000 Meter Run Midget

Records: 10:16.00* 2004 Derek Woodhall

Name	Team	Finals
1 Caron, Jesse	CWSD	10:25.9
2 Dickieson, Josh	CWVC	10:26.3
3 Fuller, Mike	CWSB	10:46.8
4 Curtis, Alex	CWSB	11:15.6
5 Arnold, Terry	CWSD	11:27.8
6 Harvey, Andrew	CWRW	11:47.4
7 Alba, Oscar	CWSD	11:50.7
8 Williamson, Joel	CWRW	11:53.2
9 Katchouk, Yuri	CWRS	13:09.2

Event 13 Women 80 Meter Hurdles Midget

Records: 16.00* 2004 Anna Maslach

Name	Team	Finals
1 Maw, Michelle	CWMD	17.2

Event 14 Men 100 Meter Hurdles Midget

Records: 16.18* 2004 Antonio Messam

Name	Team	Finals
1 Weber, Adrian	CWRS	17.1
2 Gaboury-Poirier, Jacob	CWRG	18.8
3 Villemure, Joshua	CWRG	19.0

Event 16 Men 300 Meter Hurdles Midget

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Results

Records: 48.97* 2004 Tim Bandura
Name Team Finals

1	Weber, Adrian	CWRS	43.5	*
2	Moser, Shawn	CWRG	54.5	

Event 17 Women High Jump Midget

Records: 1.65m* 2004 Maddie Buttinger
Name Team Finals

1	Vandenberg, Sandra	CWWC	1.30m
2	Fleming, Kaitlyn	CWKA	1.30m
3	Mavaruni, Diana	CWRS	1.25m
3	Stephen-Wells, Kate	CWRW	1.25m

Event 18 Men High Jump Midget

Records: 1.70m* 2004 Jordan Dobson
Name Team Finals

1	Pfommer, Nick	CWMD	1.50m
2	Carruthers, Tommy	CWRG	1.50m
3	Vandergest, Christian	CWWC	1.50m
4	Kloet, Darren	CWWC	1.35m
4	Pacitti, Alessandro	CWRG	1.35m
---	Alba, Oscar	CWSD	NH
---	Fuller, Mike	CWSB	NH
---	Curtis, Alex	CWSB	NH
---	O'Driscoll, Corey	CWSB	NH

Event 20 Men Pole Vault Midget

Records: 2.20m* 2004 Matt Bielcki
Name Team Finals

1	Cameron, Ben	CWRS	2.25m	*
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Event 21 Women Long Jump Midget

Records: 4.82m* 2004 Linsey Austin
Name Team Finals

1	Cyr, Jenny	CWKA	4.70m
2	Sikkema, Lauren	CWWC	4.67m
3	Julia, Kubassek	CWKA	4.23m
4	Fisher-Garnett, Caron	CWSB	4.19m
5	Pickett, Cyndi	CWRS	4.14m
6	Way, Kalley	CWRS	3.94m
7	Eminetu, Elisa	CWSB	3.92m
8	Lanteigne, Jen	CWRW	3.85m
9	Ramsay, Capricha	CWRS	3.75m
10	Mavaruni, Diana	CWRS	3.72m
11	Deesei, Andreea	CWRS	3.32m
12	Chahot, Brittany	CWSB	3.16m
13	Mohamed, Faduma	CWSB	3.12m
14	Coppen, Francine	CWSB	3.08m
---	Kamran, Charmaine	CWRS	FOUL

Event 22 Men Long Jump Midget

Records: 5.38m* 2004 Evan Dell'Aquila
Name Team Finals

1	Rodrigues, Patrick	CWSD	5.35m
2	Ikrani, Shoaib	CWSD	5.05m
3	Grant, Chris	CWSB	4.94m

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4	Medford, Joe	CWSM	4.68m
5	Haverkamp, Matt	CWWC	4.68m
6	Arfeen, Afraz	CWSM	4.42m
7	Vanderveen, Josh	CWWC	4.31m
8	Arnold, Terry	CWSD	4.15m
9	Vandermeulen, Josh	CWWC	4.06m
10	Bothwell, Mike	CWSB	4.06m
11	Medeiros, Kevin	CWMD	3.96m

Event 23 Women Triple Jump Midget

Records: 10.06m* 2004 Lynsey Burnett

Name	Team	Finals
1 Julia, Kubassek	CWKA	9.51m
2 Jaklitsch, Dana	CWRS	9.38m
3 Fleming, Kaitlyn	CWKA	9.09m
4 Sikkema, Lauren	CWWC	8.62m
5 Lanteigne, Jen	CWRW	8.35m
6 McBride, Emily	CWRS	8.07m
7 Pickett, Cyndi	CWRS	7.91m
8 Vandenberg, Sandra	CWWC	7.77m

Event 24 Men Triple Jump Midget

Records: 11.98m* 2004 Antonio Messam

Name	Team	Finals
1 Weber, Adrian	CWRS	12.14m
2 Ikram, Sohaib	CWSD	11.42m
3 Ikram, Shoah	CWSD	10.47m
4 Haverkamp, Matt	CWWC	9.85m
5 Pacitti, Alessandro	CWRG	9.67m
6 Vandermeulen, Josh	CWWC	9.17m
7 Coulet, Joshua	CWRG	9.07m

Event 25 Women Shot Put Midget

Records: 8.63m* 2004 Heather Errey

Name	Team	Finals
1 Sikkema, Lauren	CWWC	9.47m
2 Brown, Sarah	CWKA	7.93m
3 Cloutier, Nicole	CWRG	7.19m
4 Rollinson, Alannah	CWSD	6.77m

Event 26 Men Shot Put Midget

Records: 9.77m* 2004 Ken Nguyen

Name	Team	Finals
1 Poulin, Eric	CWRG	10.53m
2 Anstett, Joe	CWRS	10.45m
3 Spinello, Justin	CWSB	10.21m
4 Arfeen, Afraz	CWSM	10.20m

(Event 26 Men Shot Put Midget)

5 Soeder, Russell	CWSD	10.03m
6 Vandermeulen, Josh	CWWC	9.88m
7 Senior, Colton	CWSB	9.80m
8 Medford, Joe	CWSM	9.55m
9 Vanderveen, Josh	CWWC	8.26m

Event 27 Women Discus Throw Midget

Records: 19.50m* 2004 Kelsey Ashley

Name	Team	Finals
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1	Coppen, Francine	CWSB	17.89m
2	Cloutier, Nicole	CWRG	17.10m
3	Chabot, Brittany	CWSB	14.25m

Event 28 Men Discus Throw Midget

Records: 24.12m* 2004 Omas Abdullah
Name Team Finals

1	Gaboury-Poirier, Jacob	CWRG	33.05m	*
2	Spinello, Justin	CWSB	28.39m	*
3	Poulin, Eric	CWRG	25.88m	*
4	Senior, Colton	CWSB	21.04m	

Event 29 Women Javelin Throw Midget

Records: 19.05m* 2004 Kelsey Ashley
Name Team Finals

1	Vandenberg, Sandra	CWWC	21.60m	*
2	Wittmann, Katie	CWSB	18.05m	
3	Coppen, Francine	CWSB	16.52m	
4	Chabot, Brittany	CWSB	14.93m	

Event 30 Men Javelin Throw Midget

Records: 26.74m* 2004 Seth Schiedel
Name Team Finals

1	Spinello, Justin	CWSB	32.82m	*
2	Haverkamp, Matt	CWWC	28.43m	*
3	Senior, Colton	CWSB	20.41m	

Event 31 Women 4x100 Meter Relay Midget

Records: 52.68* 2004 Resurrection C S S
Team Relay Finals

1	CWRS	A	56.4
2	CWSB	A	57.9
3	CWRW	A	59.6
4	CWRS	B	1:00.7
5	CWMD	A	1:02.8

Event 32 Men 4x100 Meter Relay Midget

Records: 49.75* 2004 Resurrection C S S
Team Relay Finals

1	CWRS	A	49.2
2	CWSB	A	52.6
3	CWSD	A	53.3
4	CWRS	B	53.9

Event 33 Women 100 Meter Dash Junior

Records: 13.50* 2004 Stephanie Denomme
Lane Name Team Prelims

Preliminaries

1	Glofcheski, Emma	CWRS	* 12.9	Q
2	Burnett, Lynsey	CWRW	* 13.4	Q
3	Sirio, Amanda	CWSB	* 13.4	Q
4	Czako-Mah, Brandi	CWRS	14.0	Q
5	Botelho, Brittany	CWSB	14.0	Q
6	Lamni, Gabrielle	CWRS	14.4	Q
7	Bertolo, Nicole	CWRS	14.6	q

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8	Santos, Sonia	CWMD	14.8	
9	Payerl, Leah	CWRS	14.9	q
10	Flannery, Laura	CWSD	15.2	
11	Sauder, Carly	CWRW	15.3	
12	Bechtloff, Rebecca	CWSD	15.5	
13	Kearns, Allison	CWSB	15.6	
14	Maksyn, Natalie	CWSM	15.7	
15	Drury, Hailee	CWRS	16.1	

Event 33 Women 100 Meter Dash Junior

Records: 13.50* 2004 Stephanie Denomme
Name Team Finals

Finals

1	Glofcheski, Emma	CWRS	13.0	*
2	Burnett, Lynsey	CWRW	13.1	*
3	Sirio, Amanda	CWSB	13.3	*
4	Czako-Mah, Branch	CWRS	14.0	
5	Botelho, Brittany	CWSB	14.0	
6	Bertolo, Nicole	CWRS	14.1	
7	Lamm, Gabrielle	CWRS	14.1	
8	Santos, Sonia	CWMD	14.9	

Event 34 Men 100 Meter Dash Junior

Records: 11.78* 2004 Kyle Bom
Name Team Finals

1	McDavid, Matheus	CWMD	11.6	*
2	Kamran, Fandi	CWRS	11.6	*
3	Ethier, Matthew	CWSD	12.2	
4	Fesnak, Michael	CWSD	12.3	
5	Nguyen, Ken	CWRS	12.8	

Event 35 Women 200 Meter Dash Junior

Records: 29.11* 2004 Kallyn Pavao
Lane Name Team Prelims

Preliminaries

1	Austin, Linsey	CWRS	*27.9	Q
2	Sirio, Amanda	CWSB	*28.5	Q
3	Glofcheski, Emma	CWRS	*28.7	Q
4	Rodrigues, Michelle	CWRS	29.5	Q
5	Lamm, Gabrielle	CWRS	30.0	Q
6	Wolfe, Allison	CWRS	30.1	Q
7	Botelho, Brittany	CWSB	30.2	q
8	Bertolo, Nicole	CWRS	30.6	q
9	McGuire, Erin	CWSD	30.8	
10	Delencardo, Alyssa	CWSM	34.0	

Event 35 Women 200 Meter Dash Junior

Records: 29.11* 2004 Kallyn Pavao
Name Team Finals

Finals

1	Glofcheski, Emma	CWRS	27.1	*
2	Austin, Linsey	CWRS	27.4	*
3	Sirio, Amanda	CWSB	28.9	*
4	Rodrigues, Michelle	CWRS	29.3	
5	Wolfe, Allison	CWRS	30.3	
6	Lamm, Gabrielle	CWRS	30.4	
7	Bertolo, Nicole	CWRS	30.6	

Event 36 Men 200 Meter Dash Junior

Records: 24.44* 2004 Alex Elias

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Name	Team	Finals
1 Kamran, Fandi	CWRS	24.4
2 Fesnak, Michael	CWSD	25.7
3 Haniff, Chris	CWRS	28.3
4 Savory, Andrew	CWRS	33.8

Event 37 Women 400 Meter Dash Junior

Records: 1:05.20* 2004 Jennifer Billenaar

Name	Team	Finals
1 Buttiger, Maddie	CWRS	59.8
2 Gofcheski, Emma	CWRS	1:04.1
3 Sinclair, Leanne	CWSB	1:14.1
4 Eastwood, Michelle	CWSB	1:14.7
5 Thomas, Amanda	CWSB	1:16.5

Event 38 Men 400 Meter Dash Junior

Records: 55.80* 2004 Alex Elias

Lane Name	Team	Finals
1 Allard-Buffer, Matt	CWRS	56.1
2 Amorim, Derek	CWSM	59.2
3 Seaton, Matt	CWSB	1:01.6
4 McDonald, Nathan	CWRG	1:02.7
5 Popowich, Allan	CWSM	1:03.2
6 Bandura, Tim	CWSM	1:03.3
7 DiAngelo, Doug	CWSB	1:06.8
8 Haniff, Chris	CWRS	1:09.2

Event 39 Women 800 Meter Run Junior

Records: 2:33.03* 2004 Shannon Robertson

Name	Team	Finals
1 Noll, Joscelyn	CWRS	2:38.7
2 Fletcher, Shayna	CWSB	2:50.8
3 Eastwood, Michelle	CWSB	2:52.7
4 Sinclair, Leanne	CWSB	2:53.8
5 Williamson, Jennifer	CWRS	2:55.6
6 Pidduck, Samantha	CWWC	2:58.6
7 Ball, Katte	CWMD	3:00.9
8 Thomas, Amanda	CWSB	3:09.2
9 McDougall, Cassidy	CWRS	3:09.5
10 Sinclair, Amy	CWSD	3:22.9

Event 40 Men 800 Meter Run Junior

Records: 2:26.39* 2004 Milton Orellana

Name	Team	Finals
1 Allard-Buffer, Matt	CWRS	2:09.2
2 Jansen, Drew	CWSB	2:09.6
3 Woodhall, Derek	CWRS	2:16.5
4 Seaton, Matt	CWSB	2:33.8
5 DiAngelo, Doug	CWSB	2:34.2
6 Regier, Adam	CWSM	2:50.4

Event 41 Women 1500 Meter Run Junior

Records: 5:11.60* 2004 Shannon Robertson

Name	Team	Finals
1 Noll, Joscelyn	CWRS	5:25.9
2 Pemberton, Sarah	CWRS	5:39.0
3 Pidduck, Samantha	CWWC	6:02.0
4 Williamson, Jennifer	CWRS	6:03.1

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5 McDougall, Cassidy CWRS 6:38.9

Event 42 Men 1500 Meter Run Junior

Records: 5:14.00* 2004 Will Hicks

Name	Team	Finals
1 Jansen, Drew	CWSB	4:27.0
2 Woodhall, Derek	CWRS	4:30.3
3 Amurim, Derek	CWSM	4:53.0
4 Mohle, Dan	CWKA	4:57.0
5 Hesch, Adam	CWRS	5:03.6
6 Mohle, Jordan	CWWC	5:10.2
7 Wigle, Matt	CWMD	5:12.2
8 Scaton, Matt	CWSB	5:31.4
9 DiAngelo, Doug	CWSB	5:33.0
10 Gnaido, Michael	CWSB	5:42.0
11 Dandyk, Michael	CWSB	5:59.0

Event 43 Women 3000 Meter Run Junior

Records: 11:52.00* 2004 Shannon Robertson

Name	Team	Finals
1 MacDonald, Ashley	CWSB	12:36.1
2 Pemberton, Sarah	CWRS	12:53.3
3 Pidduck, Samantha	CWWC	13:07.7

Event 44 Men 3000 Meter Run Junior

Records: 11:01.00* 2004 Tyler Robinson

Name	Team	Finals
1 Jansen, Drew	CWSB	9:45.9
2 Woodhall, Derek	CWRS	9:51.7
3 Mohle, Dan	CWKA	10:37.5
4 Hesch, Adam	CWRS	10:50.5
5 Wigle, Matt	CWMD	11:18.9
6 Read, Chris	CWRW	11:19.6
7 Gnaido, Michael	CWSB	11:45.1
8 Mohle, Jordan	CWWC	11:45.5
9 Dandyk, Michael	CWSB	12:25.5

Event 45 Women 80 Meter Hurdles Junior

Records: 14.68* 2004 Bounmy Inthavong

Name	Team	Finals
1 MacDonald, Ashley	CWSB	15.8
2 Santos, Sonia	CWMD	15.9
3 Kearns, Allison	CWSB	16.3
4 Ropotyn, Jacqueline	CWSB	16.9
5 Flannery, Laura	CWSD	17.3
5 Maslach, Anna	CWSD	17.3
7 Sage, Amanda	CWSM	17.9

Event 46 Men 100 Meter Hurdles Junior

Records: 17.82* 2004 Mathew Machado

Name	Team	Finals
1 Messam, Antonio	CWRS	14.6

Event 47 Women 300 Meter Hurdles Junior

Records: 52.33* 2004 Christina Sibley

Name	Team	Finals
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District 8 - 2005 - 5/11/2005 to 5/12/2005

Centennial Stadium - Kitchener

Results

1	Battinger, Maddie	CWRS	46.5	•
2	Siro, Amanda	CWSB	51.6	•
3	Sinclair, Leanne	CWSB	53.5	
4	MacDonald, Ashley	CWSB	57.3	
5	Kearns, Allison	CWSB	57.5	
6	Thomas, Amanda	CWSB	58.4	

Event 48 Men 300 Meter Hurdles Junior

Name	Team	Finals
1 Messam, Antonio	CWRS	45.7
2 Bandura, Jim	CWSM	46.7
3 McDonald, Nathan	CWRG	49.7

Event 49 Women High Jump Junior

Records:	1.35m*	2004 Justine Douwes	
Name	Team	Finals	
1 Bultinger, Maddie	CWRS	1.61m	•
2 Raitar, Christie	CWMD	1.40m	•
3 Nightingale, Lisa	CWWC	1.35m	•
--- Sage, Amanda	CWSM	FAIL	

Event 50 Men High Jump Junior

Records:	1.65m*	2004 Mathew Machado	
Name	Team	Finals	
1 Major, Brian	CWRS	1.85m	•
2 Dobson, Jordan	CWRS	1.85m	•
3 McDavid, Matheus	CWMD	1.55m	
4 Stevens, Scott	CWKA	1.40m	

Event 51 Women Pole Vault Junior

Records:	2.00m*	2004 Bounmy Inthavong
Name	Team	Finals
1 Pemberton, Sarah	CWRS	1.80m
2 Groothuis, Justine	CWRS	1.65m
3 McCurdy, Carriona	CWRS	1.50m
4 Holita, Jenna	CWRS	1.35m

Event 52 Men Pole Vault Junior

Records:	2.40m*	2004 Chris Meyer	
Name	Team	Finals	
1 O'Brien, Brendan	CWRS	2.55m	•
2 Hignell, Nick	CWRS	2.40m	•

Event 53 Women Long Jump Junior

Records:	4.52m*	2004 Hayley Backewich	
Name	Team	Finals	
1 Burnett, Lynsey	CWRW	4.81m	•
2 Austin, Linsey	CWRS	4.75m	•
3 Kubassek, Kaitlin	CWKA	4.62m	•
4 Czako-Mah, Brandi	CWRS	3.85m	
4 Ropotyn, Jacqueline	CWSB	3.85m	
6 Santos, Sonia	CWMD	3.82m	
7 Payerl, Leah	CWRS	3.57m	
8 Maksyn, Natalie	CWSM	3.42m	
9 Nightingale, Lisa	CWWC	3.33m	
10 Hansma, Amy	CWWC	3.22m	

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District 8 - 2005 - 5/11/2005 to 5/12/2005

Centennial Stadium - Kitchener

Results

11 Plate, Carly	CWRS	3.13m
12 Becker, Amber	CWWC	3.09m
13 Sinclair, Amy	CWSD	3.03m
14 Hockstra, Dana	CWWC	2.56m

Event 54 Men Long Jump Junior

Records: 5.63m* 2004 Ben Gibson		
Name	Team	Finals
1 McDavid, Matheus	CWMD	5.42m
2 Moseychuck, Josh	CWRS	4.89m
3 Schiedel, Seth	CWWC	4.80m
4 Ethier, Matthew	CWSD	4.45m
5 Moore, Tim	CWMD	4.27m
6 Haniff, Chris	CWRS	4.27m
7 Savory, Andrew	CWRS	4.00m

Event 55 Women Triple Jump Junior

Records: 9.76m* 2004 Stephanie Denomme		
Name	Team	Finals
1 Austin, Lynsey	CWRS	10.21m
2 Burnett, Lynsey	CWRW	10.05m
3 Kubassek, Kaitlin	CWKA	9.65m
4 Czako-Mah, Brandi	CWRS	8.88m
5 Ropotyn, Jacqueline	CWSB	8.64m
6 Bertolo, Nicole	CWRS	8.40m
7 Nightingale, Lisa	CWWC	7.97m
8 Flannery, Laura	CWSD	7.76m
9 Hockstra, Dana	CWWC	7.28m
10 Hansma, Amy	CWWC	6.79m

Event 56 Men Triple Jump Junior

Records: 12.62m* 2004 Ben Gibson		
Name	Team	Finals
1 Messam, Antonio	CWRS	12.47m
2 Zeeman, Joren	CWWC	11.64m
3 Wigle, Matt	CWMD	10.98m
4 Schiedel, Seth	CWWC	10.61m

Event 57 Women Shot Put Junior

Records: 7.65m* 2004 Samantha Gillespie		
Name	Team	Finals
1 Weirda, Meagan	CWRG	7.07m
2 Drury, Hailee	CWRS	5.91m

Event 58 Men Shot Put Junior

Records: 11.21m* 2004 Won Choi		
Name	Team	Finals
1 Moseychuck, Josh	CWRS	11.99m
2 Nguyen, Ken	CWRS	11.90m
3 Schiedel, Seth	CWWC	11.34m
4 Pronk, Steve	CWWC	11.11m
5 Ko, Travis	CWSB	7.74m

Event 59 Women Discus Throw Junior

Records: 23.06m* 2004 Melanie Soares		
Name	Team	Finals

District 8 - 2005 - 5/11/2005 to 5/12/2005

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Results

1 Ashley, Kelsey	CWRW	19.89m
2 Weirda, Meagan	CWRG	19.26m
3 Walser, Brittany	CWSM	19.10m
4 Hansma, Amy	CWWC	17.65m
5 Becker, Amber	CWWC	17.50m
6 Komaromi, Aniko	CWSM	17.05m
7 Hill, Sarah	CWMD	15.50m
8 Warden, Kaylie	CWSM	14.94m

Event 60 Men Discus Throw Junior

Records: 32.43m* 2004 Matt Chornaby

Name	Team	Finals
1 Frank, Steve	CWWC	28.38m
2 Ko, Travis	CWSB	27.56m
3 Fitzgerald, John	CWMD	26.58m
4 Moore, Tim	CWMD	23.77m
--- Savory, Andrew	CWRS	FOUL

Event 61 Women Javelin Throw Junior

Records: 20.99m* 2004 Melanie Soares

Name	Team	Finals
1 Ashley, Kelsey	CWRW	18.87m
2 Ball, Katie	CWMD	17.75m
3 Raitar, Christie	CWMD	16.79m
4 Hill, Sarah	CWMD	16.75m
5 Becker, Amber	CWWC	15.66m
6 Schranz, Courtney	CWSD	15.53m
7 Warden, Kaylie	CWSM	14.40m
8 Hockstra, Dana	CWWC	13.15m
9 Walser, Brittany	CWSM	12.45m
10 Komaromi, Aniko	CWSM	11.18m

Event 62 Men Javelin Throw Junior

Records: 36.51m* 2004 Mathew Machado

Name	Team	Finals
1 Nguyen, Ken	CWRS	34.08m
2 Frank, Steve	CWWC	27.85m
3 Fitzgerald, John	CWMD	27.15m
4 Hignell, Nick	CWRS	24.26m

Event 63 Women 4x100 Meter Relay Junior

Records: 55.25* 2004 Resurrection C S S

Team	Relay	Finals
1 CWRS	A	52.5
2 CWRS	B	57.1
3 CWSB	A	1:00.0

Event 64 Men 4x100 Meter Relay Junior

Records: 47.97* 2004 Resurrection C S S

Team	Relay	Finals
1 CWRS	A	48.6
2 CWSD	A	48.7
3 CWSB	A	55.4
--- CWRS	B	DQ

Event 65 Women 100 Meter Dash Senior

Records: 13.41* 2004 Lisa Lang

District 8 - 2005 - 5/11/2005 to 5/12/2005

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Results

Lane Name	Team	Prelims	
Preliminaries			
1 Grant, Catherine	CWSB	* 13.4	Q Q Q Q Q Q Q Q Q Q Q Q Q
2 Brown, Natasha	CWSB	13.8	
3 Deignan, Samantha	CWMD	* 13.4	
4 Matusiak, Amber	CWRS	13.8	
5 Lang, Lisa	CWRS	* 13.5	
6 Walsh, Pillar	CWSB	14.0	
7 Rose, Raquel	CWMD	14.2	
8 Worrell, Nicole	CWSB	14.5	
9 Lima, Gabriele	CWMD	14.5	
10 Bobak, Toni	CWRS	15.2	
11 Cotrell, Alison	CWRS	15.3	
12 Alvarado, Linda	CWSB	15.5	
13 Paquette, Ashley	CWMD	16.6	

Event 65 Women 100 Meter Dash Senior

Records: 13.41* 2004 Lisa Lang

Name	Team	Finals
Finals		
1 Lang, Lisa	CWRS	13.4 *
2 Grant, Catherine	CWSB	13.5
3 Walsh, Pillar	CWSB	13.6
4 Deignan, Samantha	CWMD	13.7
5 Matusiak, Amber	CWRS	13.7
6 Brown, Natasha	CWSB	13.8

Event 66 Men 100 Meter Dash Senior

Records: 11.35* 2004 Matt Bradshaw

Lane Name	Team	Prelims	
Preliminaries			
1 Pearson, Mike	CWSM	11.4	Q Q Q Q Q Q Q Q Q Q
2 Byrne, David	CWSB	11.5	
3 Sierchio, Dennis	CWSB	11.5	
4 Harris, Josh	CWWC	12.0	
5 Rose, Dustin	CWSM	11.9	
6 Bailey, Rhyan	CWRS	12.1	
7 Anderton, Micheal	CWMD	12.2	
8 Cresarik, Nikos	CWRS	12.5	
9 Streutker, Jon	CWWC	12.6	
10 Bu, Danny	CWSD	13.1	

Event 66 Men 100 Meter Dash Senior

Records: 11.35* 2004 Matt Bradshaw

Name	Team	Finals
Finals		
1 Pearson, Mike	CWSM	11.4 *
2 Sierchio, Dennis	CWSB	11.5
3 Byrne, David	CWSB	12.2
4 Rose, Dustin	CWSM	12.2
5 Bailey, Rhyan	CWRS	12.4
6 Anderton, Micheal	CWMD	12.8

Event 67 Women 200 Meter Dash Senior

Records: 26.34* 2004 Emily Caron

Lane Name	Team	Prelims	
Preliminaries			
1 Caron, Emily	CWSD	27.2	Q Q Q Q
2 Hillenaar, Jenn	CWSM	28.5	
3 Grant, Catherine	CWSB	28.6	
4 Matusiak, Amber	CWRS	28.9	

District 8 - 2005 - 5/11/2005 to 5/12/2005

Centennial Stadium - Kitchener

Results

5 Walsh, Pillar	CWSB	28.8	Q
6 Deignan, Samantha	CWMD	28.9	Q
7 Bendia, Liz	CWRS	29.5	q
8 Brown, Natasha	CWSB	29.5	q
9 Cotrell, Alison	CWRS	32.3	

Event 67 Women 200 Meter Dash Senior

Records: 26.34* 2004 Emily Caron
Name Team Finals

Finals

1 Caron, Emily	CWSD	27.5
2 Grant, Catherine	CWSB	28.7
3 Hillenaar, Jenn	CWSM	28.9
4 Walsh, Pillar	CWSB	29.2
5 Matusiak, Amber	CWRS	29.4
6 Deignan, Samantha	CWMD	29.9
7 Bendia, Liz	CWRS	30.1

Event 68 Men 200 Meter Dash Senior

Records: 23.57* 2004 Matt Bradshaw
Lane Name Team Prelims

Preliminaries

1 Ball, Greg	CWSB	* 23.4	Q
2 Roth, Nathan	CWRW	* 23.5	Q
3 Pearson, Mike	CWSM	24.0	Q
4 Webb, Aaron	CWSB	23.7	Q
5 Sierchio, Dennis	CWSB	24.0	Q
6 Nugent, Gary	CWRS	24.5	Q
7 Byrne, David	CWSB	23.9	q
8 Bom, Kyle	CWSM	24.2	q
9 Rose, Dustin	CWSM	24.8	
10 Stager, Andrew	CWRS	24.9	
11 Adaran, Odeyemi	CWSM	25.8	
12 Anderton, Micheal	CWMD	26.5	
13 Ciesarik, Nikos	CWRS	26.5	

Preliminaries ... (Event 68 Men 200 Meter Dash Senior)

14 Gardin, Paul	CWSB	26.9
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Event 68 Men 200 Meter Dash Senior

Records: 23.57* 2004 Matt Bradshaw
Name Team Finals

Finals

1 Pearson, Mike	CWSM	23.1	.
2 Ball, Greg	CWSB	23.2	.
3 Sierchio, Dennis	CWSB	24.0	
4 Nugent, Gary	CWRS	24.1	
5 Roth, Nathan	CWRW	24.2	
6 Webb, Aaron	CWSB	24.5	
7 Byrne, David	CWSB	25.0	
8 Bom, Kyle	CWSM	25.2	

Event 69 Women 400 Meter Dash Senior

Records: 59.20* 2004 Emily Caron
Name Team Finals

1 Caron, Emily	CWSD	1:03.3
2 Hillenaar, Jenn	CWSM	1:05.6
3 MacDonald, Tara	CWSB	1:05.9
4 Quehl, Melyssa	CWRS	1:07.2
5 Bolejszo, Monika	CWRS	1:10.5

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Centennial Stadium - Kitchener
Results

Event 70 Men 400 Meter Dash Senior

Records: 51.60* 2004 Greg Ball

Lane	Name	Team	Finals
1	Ball, Greg	CWSB	52.0
2	Webb, Aaron	CWSB	53.8
3	Roth, Nathan	CWRW	53.8
4	Nugent, Gary	CWRS	53.9
5	Sierchio, Dennis	CWSB	55.3
6	Bom, Kyle	CWSM	56.3
7	Nuxoll, Marcus	CWRS	56.5
8	Stager, Andrew	CWRS	58.3
9	Bolerinho, Aaron	CWRS	58.3
10	Lyons, Jeff	CWSB	59.0
11	Gardin, Paul	CWSB	1:02.6

Event 71 Women 800 Meter Run Senior

Records: 2:24.22* 2004 Julia Malleck

Name	Team	Finals	
1	Malleck, Julia	CWSM	2:28.1
2	MacDonald, Tara	CWSB	2:31.7
3	Unger, Hanna	CWRW	2:33.6
4	Caron, Emily	CWSD	2:35.7
5	Quehl, Melyssa	CWRS	2:42.7
6	Bolejszo, Monika	CWRS	2:45.0
7	Pfeil, Rachael	CWSB	2:50.0
8	Petersen, Carrie	CWSM	2:50.4
9	Peterson, Emily	CWMD	2:59.2

Event 72 Men 800 Meter Run Senior

Records: 2:01.28* 2004 Marcus Nuxoll

Name	Team	Finals	
1	Nuxoll, Marcus	CWRS	2:12.3
2	Hannah, Jordan	CWSM	2:13.6
3	Bolerinho, Aaron	CWRS	2:24.3
4	Gardin, Paul	CWSB	2:40.0

Event 73 Women 1500 Meter Run Senior

Records: 4:52.40* 2004 Julia Malleck

Name	Team	Finals	
1	Malleck, Julia	CWSM	5:17.0
2	Unger, Hanna	CWRW	5:19.3
3	Quehl, Melyssa	CWRS	5:29.6
4	Siarr, Katie	CWMD	5:49.1
5	Peterson, Emily	CWMD	5:56.6
6	Priestley, Erin	CWSD	6:10.2
7	Pfeil, Rachael	CWSB	6:26.8

Event 74 Men 1500 Meter Run Senior

Records: 4:19.30* 2004 Marcus Nuxoll

Name	Team	Finals	
1	Nuxoll, Marcus	CWRS	4:45.8
2	Robinson, Tyler	CWRS	4:49.3

Event 75 Women 3000 Meter Run Senior

Records: 11:33.05* 2004 Julia Malleck

Name	Team	Finals
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Results

1 Starr, Katie	CWMD	12:05.9
2 MacDonald, Tara	CWSB	12:29.1
3 Hill, Maureen	CWRS	12:47.6

Event 76 Men 3000 Meter Run Senior

Records: 10:14.10* 2004 Landon Zeeman
 Name Team Finals

1 Robinson, Tyler	CWRS	10:23.3
2 Dance, Chad	CWSB	11:53.2

Event 77 Women 100 Meter Hurdles Senior

Records: 18.40* 2004 Amanda Soliguin
 Name Team Finals

1 Duimring, Kristen	CWRW	19.0
2 Paquete, Ashley	CWMD	19.5
3 Lima, Gabriele	CWMD	19.9
4 Williamson, Hanna	CWMD	20.3

Event 78 Men 110 Meter Hurdles Senior

Records: 17.75* 2004 Troy Nickie
 Name Team Finals

1 Santos, Chris	CWSB	18.4
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Event 79 Women 400 Meter Hurdles Senior

Records: 1:16.93* 2004 Amanda Soliguin
 Name Team Finals

1 Bolejszo, Monika	CWRS	1:21.5
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Event 80 Men 400 Meter Hurdles Senior

Records: 1:03.33* 2004 Chris Santos
 Name Team Finals

1 Santos, Chris	CWSB	1:03.8
2 Litt, Mike	CWRS	1:07.1

Event 81 Women High Jump Senior

Records: 1.25m* 2004 Kristie Maher
 Name Team Finals

1 Maher, Kristie	CWSM	1.45m	*
2 Davies, Justine	CWWC	1.40m	*
3 Quigley, Leanne	CWSM	1.35m	*
4 Walsh, Pillar	CWSB	1.30m	*
4 Vandenberg, Esther	CWWC	1.30m	*
-- VanLek, Helena	CWWC	NH	
--- Rose, Raquel	CWMD	NH	
--- Pfeil, Rachael	CWSB	NH	

Event 82 Men High Jump Senior

Records: 1.88m* 2004 Adam Wood
 Name Team Finals

1 Harris, Josh	CWWC	1.75m
2 Lyons, Jeff	CWSB	1:1.75m

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Centennial Stadium - Kitchener

Results

3	Rodriguez, Alberto	CWSM	J1.75m
4	Salverda, Josh	CWWC	1.65m
---	Schmitt, Simon	CWRW	FAIL
---	Malinski, Rafal	CWSD	FAIL
---	Bom, Kyle	CWSM	FAIL
---	Rose, Dustin	CWSM	FAIL
---	Adaran, Odeyemi	CWSM	FAIL
---	Wlodarczyk, Julian	CWRW	FAIL
---	Gibson, Ben	CWRW	FAIL

Event 83 Women Pole Vault Senior

Records: 1.40m* 2004 Amy Killoran

Name	Team	Finals
1	Inhasong, Bounmy	CWRS 2.15m

Event 84 Men Pole Vault Senior

Records: 3.00m* 2004 Marius Mikle

Name	Team	Finals
1	Harris, John	CWRS 2.80m
2	Meyer, Chris	CWRS J2.80m
3	Malott, David	CWRS J2.80m

Event 85 Women Long Jump Senior

Records: 4.81m* 2004 Rosanna Los

Name	Team	Finals
1	Quigley, Leanne	CWSM 4.63m
2	Grant, Catherine	CWSB 4.14m
3	Duimering, Kristen	CWRW 4.10m
4	Cotrell, Alison	CWRS 3.83m
5	Salad, Jia	CWSB 3.68m
6	Vandenberg, Esther	CWWC 3.43m
7	Hudson, Samantha	CWSM 2.73m

Event 86 Men Long Jump Senior

Records: 6.91m* 2004 Dwayne Harriott

Name	Team	Finals
1	Gibson, Ben	CWRW 5.50m
2	Rose, Dustin	CWSM 5.41m
3	Harris, Josh	CWWC 5.37m
4	Salverda, Josh	CWWC 5.36m

(Event 86 Men Long Jump Senior)

5	Streutker, Jon	CWWC 5.34m
6	Bailey, Rhyan	CWRS 5.04m
7	Lyons, Jeff	CWSB 5.02m
8	Ciesarik, Nikos	CWRS 4.95m
9	Ball, Greg	CWSB 4.78m
10	Bui, Danny	CWSD 4.59m
11	Matzeg, Daniel	CWSD 4.32m
12	Schmitt, Simon	CWRW 4.01m
---	Tinline, Corey	CWSB FOUL
---	Byrne, David	CWSB FOUL

Event 87 Women Triple Jump Senior

Records: 10.08m* 2004 Rosanna Los

Name	Team	Finals
1	Quigley, Leanne	CWSM 9.48m

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Results

2 Duimering, Kristen	CWRW	8.88m
3 Salad, Jia	CWSB	8.59m
4 Douwes, Justine	CWWC	8.57m
5 Vandenberg, Esther	CWWC	8.26m

Event 88 Men Triple Jump Senior

Records: 14.25m* 2004 Dwayne Harriott
Name Team Finals

1 Gibson, Ben	CWRW	12.13m
2 Salverda, Josh	CWWC	11.94m
3 Kay, Matt	CWRS	10.58m

Event 89 Women Shot Put Senior

Records: 8.79m* 2004 Jo-ann Scott
Name Team Finals

1 Scott, Jo-ann	CWRW	8.88m	*
2 Lang, Lisa	CWRS	8.82m	*
3 Gillespie, Samantha	CWSB	8.17m	
4 Dwornikiewicz, Amy	CWSB	7.81m	
5 Wright, Lindsay	CWRS	7.20m	
6 Peterson, Emily	CWMD	6.59m	
7 Kawalez, Niki	CWSB	5.28m	
8 Hudson, Samantha	CWSM	5.26m	

Event 90 Men Shot Put Senior

Records: 11.94m* 2004 Philip Francis
Name Team Finals

1 Francis, Philip	CWSB	12.84m	*
2 Conway, Aaron	CWMD	11.32m	
3 Tinline, Corey	CWSB	11.19m	
4 Ziegler, Blake	CWSD	11.10m	
5 Bailey, Rhyon	CWRS	9.95m	
6 Arends, Ryan	CWWC	9.76m	
7 Choi, Won	CWSB	9.73m	
8 Falkiner, Jason	CWMD	9.19m	
9 Kay, Matt	CWRS	8.74m	
10 Das, Arun	CWSB	8.48m	
11 Smith, Matt	CWSB	7.92m	

Event 91 Women Discus Throw Senior

Records: 22.42m* 2004 Jo-ann Scott
Name Team Finals

1 Dwornikiewicz, Amy	CWSB	25.47m	*
2 Maher, Kristie	CWSM	23.74m	*
3 Wright, Lindsay	CWRS	22.36m	
4 Gillespie, Samantha	CWSB	21.98m	
5 Rose, Raquel	CWMD	21.95m	
6 Scott, Jo-ann	CWRW	18.45m	
7 Pfister, Kyla	CWSM	15.91m	
8 Kawalez, Niki	CWSB	13.01m	

Event 92 Men Discus Throw Senior

Records: 35.51m* 2004 Michael Litt
Name Team Finals

1 Litt, Mike	CWRS	31.98m
2 Francis, Philip	CWSB	31.42m
3 Arends, Ryan	CWWC	29.37m
4 Dance, Chad	CWSB	28.53m
5 Gibson, Josh	CWRW	27.48m

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Results

6	Choi, Won	CWSB	25.07m
7	Lee, Geoff	CWSM	24.53m
8	Smith, Matt	CWSB	22.40m
9	Falkiner, Jason	CWMD	21.21m
10	Das, Arun	CWSB	19.92m
11	Kay, Matt	CWRS	19.92m
12	Streutker, Jon	CWWC	19.05m
13	Conway, Aaron	CWMD	17.49m

Event 93 Women Javelin Throw Senior

Records: 26.54m* 2004 Kyla Pfister

Name	Team	Finals
1	Pfister, Kyla	CWSM 30.70m
2	Dwornikiewicz, Amy	CWSB 25.50m
3	Wright, Lindsay	CWRS 23.28m
4	Gillespie, Samantha	CWSB 19.68m
5	Williamson, Hanna	CWMD 18.83m
6	Scott, Jo-ann	CWRW 18.79m
7	Kawalez, Niki	CWSB 16.99m
8	Camara, Marcie	CWMD 16.40m
---	VanEck, Helena	CWWC FOUL

Event 94 Men Javelin Throw Senior

Records: 42.98m* 2004 Drew Lubczuk

Name	Team	Finals
1	Webb, Aaron	CWSB 38.19m
2	Meyer, Chris	CWRS 37.84m
3	Malott, David	CWRS 34.93m
4	Dance, Chad	CWSB 33.17m
5	Inline, Corey	CWSB 29.00m
6	Francis, Philip	CWSB 28.94m
7	Arends, Ryan	CWWC 28.35m
8	Lee, Geoff	CWSM 28.33m
9	Malinski, Rafal	CWSD 27.11m
10	Falkiner, Jason	CWMD 25.70m
11	Smith, Matt	CWSB 25.21m
12	Choi, Won	CWSB 24.34m
13	Das, Arun	CWSB 22.51m
14	Matzeg, Daniel	CWSD 19.20m

Event 95 Women 4x100 Meter Relay Senior

Records: 55.54* 2004 St. Benedict C S S

M Mankiewicz, A Soliguin, J Pavik, K Green

Team	Relay	Finals
1	CWSB	A 55.9
2	CWSM	A 58.4
3	CWMD	A 58.5
---	CWRS	B DQ
---	CWRS	A DQ

Event 96 Men 4x100 Meter Relay Senior

Records: 46.03* 2004 St. Benedict C S S

R McKendrick, G Ball, A Webb, G Edward

Team	Relay	Finals
1	CWSB	A 46.0
2	CWRS	A 48.0
3	CWSM	A 48.4
4	CWSB	B 51.1
5	CWMD	A 55.4

Event 97 Women 1500 Meter Steeplechase Ope

District 8 - 2005 - 5/11/2005 to 5/12/2005
Centennial Stadium - Kitchener
Results

Records: 6:04.00* 2004 Colleen Forde

Name	Team	Finals
1 Buisman, Katelyn	CWWC	5:50.6
2 Butcher, Shayna	CWSB	6:02.7
3 Eastwood, Michelle	CWSB	6:15.0
4 Hill, Maureen	CWRS	6:23.4

Event 98 Men 2000 Meter Steeplechase Open

Records: 7:18.70* 2004 Landon Zeeman

Name	Team	Finals
1 Santos, Chris	CWSB	7:29.7
2 Read, Chris	CWRW	7:47.9
3 Fischer, Nicholas	CWSD	7:49.2
4 Arnold, Terry	CWSD	8:31.0
5 Larmond, Matt	CWMD	8:58.7
6 Grando, Michael	CWSB	9:01.0
7 Dandyk, Michael	CWSB	9:32.8

Event 99 Women 4x400 Meter Relay Open

Records: 4:19.78* 2004 Resurrection C S S

Team	Relay	Finals
1 CWRS	A	4:21.3
2 CWSB	A	4:41.5
3 CWRS	B	4:53.8

Event 100 Men 4x400 Meter Relay Open

Records: 3:37.59* 2004 St. Benedict C S S
G Ball, A Webb, D Sierchio, C Santos

Team	Relay	Finals
1 CWSB	A	3:42.7
2 CWRS	A	3:48.0
3 CWRG	A	4:19.2